



# WNPF CAN-AM NATIONAL CHAMPIONSHIPS CATO, NY - 8.20.22

! Denotes state record							
* Denotes National record							
(BL) Denotes Best Lifter							
	POWERLIFTING RAW	Squat	Bench	Dlift	Total	State	Age
	WOMEN						
<b>132lb</b>							
<b>20-23</b>	Laura West	225!*	120!*	270!*	615!*	NY	21

<b>165lb</b>							
<b>Open</b>	Chelsea Townsend	260	170!	260	690	NY	29
<b>35-39</b>	Lauren Arsenault	280!*	140!*	335!*	755!*	Ny	37
<b>181lb</b>							
<b>Open</b>	Kinsey Cook	175	135	250	560	NY	26
<b>SHW</b>							
<b>Open</b>	Bridgette Tovar	375!	165	385!	925!	NY	24
<b>35-39</b>	Kim Bratt	305!	205!*	350!*	860!*	Ny	39
	MEN						
<b>165lb</b>							
<b>Open</b>	Max Hochheimer	415	315!*	460	1190	NY	26
<b>181lb</b>							
<b>20-23</b>	John Jakes	455!	300	530	1285	Ny	22
<b>198lb</b>							
<b>Open</b>	Bennett Solymosy	425	315	455	1195	Ny	25
<b>40-44</b>	Jesse Watts	385!	245!	515*	1145!	Ny	41
<b>45-49</b>	Ernest Carter (BL)	465!*	385*	505	1355!*	Ny	48
<b>65-69</b>	Walt Sedorus	290*	200	370*	860*	Ny	67
<b>220lb</b>							
<b>Open</b>	Anthony Rouhana	315	295	460	1070	Ny	32
<b>242lb</b>							
<b>Open</b>	Brandon Bardo	500	335	625	1460!	Ny	29
	Johnny Nixon	395	255	500	1150	Ny	36
<b>275lb</b>							
<b>Open</b>	Jeremy Brown	450	400!	600	1450	Ny	32
	Thomas McGetrick	480	365	550	1395	Ny	28
<b>20-23</b>	Nate Hammond	520	275	600	1395	Ny	22

<b>40-44</b>	Austin Crowell	435	405	475	1315	Ny	41
<b>308lb</b>							
<b>Open</b>	Hunter White	525!	340!	600!	1465!	Ny	20
<b>SHW</b>							
<b>45-49</b>	Ryan Becker	400*	365!*	465*	1230*	Ny	47
	RAW CLASSIC						
	WOMEN						
<b>SHW</b>							
<b>Open</b>	Victoire Kothor (BL)	450!*	240!*	450!*	1140!*	Ny	26
	MEN						
<b>165lb</b>							
<b>15-16</b>	Shawn Sanford (BL)	385*	225!*	405*	1015!*	Ny	16
	Nicky D'Alleva	335	165	405	905	Ny	15
<b>181lb</b>							
<b>65-69</b>							
	Ralph DiLiberto	240	175	315	730	Ny	69
<b>198lb</b>							
<b>Open</b>	Andrew Johnson (BL)	490	380*	570!	1440	Ny	37
<b>50-54</b>	Jason LaScalea	350	250	405	1005	Ny	50
<b>220lb</b>							
<b>50-54</b>	Jim Hull	300	200	385	885	Ny	52
<b>242lb</b>							
<b>45-49</b>	James Jurewicz	415	335	535!*	1285!*	Ny	45
	Jake Bigelow	450	330	460	1240	Ny	46
	SINGLE PLY						
<b>198lb</b>							
<b>Open</b>							
	Nicholas Lanzillotto	430!	305!	480!*	1215!	Ny	26

<b>220lb</b>							
<b>60-64</b>							
	Daniel Mandell	380	205	460	1045	Ny	60
	IRONMAIDEN RAW	Bench	Dlift	Total			
<b>148LB</b>							
<b>40-44</b>							
	Martha Field	95!*	115!*	210!*		Ny	44
	IRONMAN RAW						
<b>181LB</b>							
<b>Open</b>							
	Patrick Murray	200!	275!	475!		Ny	32
<b>15-16</b>							
	Thomas Field	185!*	315!*	500!*		Ny	16
<b>198lb</b>							
<b>45-49</b>							
	Ernest Carter	385!*	505!*	895!*		Ny	48
<b>242lb</b>							
<b>45-49</b>							
	Ed Carter	420!*	505!*	925!*		Ny	48
	BENCH PRESS RAW	Bench					
	WOMEN						
<b>165LB</b>							
<b>60-64</b>							
	Christi Macri	110!*				Ny	60
	MEN						
<b>165LB</b>							
	Hugo Alvarez	305!				Ny	38
<b>198lb</b>							
<b>35-39</b>							
	Anthony Pellicano	320				Ny	39
<b>40-44</b>							
	Jeremy Barron	305				Ny	41
<b>45-49</b>							
	Ernest Carter	385!*				Ny	48
<b>242lb</b>							
<b>45-49</b>							
	Ed Carter (BL)	420*				Ny	48

	SLING SHOT MEN						
<b>242lb</b>							
<b>45-49</b>							
	Ed Carter	485!*				Ny	48
	BENCH FOR REPS	Reps					
	WOMEN						
<b>165lb</b>							
<b>60-64</b>							
	Christi Macri	19!*				Ny	60
<b>SHW</b>							
<b>35-39</b>							
	Kim Bratt	40!*				Ny	39
<b>165lb</b>	MEN						
<b>35-39</b>							
	Hugo Alvarez	31!*				Ny	38
<b>198lb</b>							
<b>40-44</b>							
	Jeremy Barron	25				Ny	41
	DEADLIFT RAW						
	WOMEN						
<b>114lb</b>							
<b>85-89</b>							
	Willie Murphy	150!*				Ny	85
	MEN						
<b>181LB</b>							
<b>35-39</b>							
	Chris Holter	450!*				NY	36
<b>198lb</b>							
<b>65-69</b>							
	Allen Kitching	405!*				NY	67