



## **NORTH CAROLINA STATE RECORDS**

***If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.***

***POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift***

***E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, C- COLLEGIATE, P- POLICE/FIRE/MILITARY***

***Records will be in pounds and/or kilos but kilos will be converted into pounds.....***

### **FULL POWERLIFTING RECORDS**

| FULL MEET RECORDS |             | SQ                   | BP                   | DL                   | TOTAL                |
|-------------------|-------------|----------------------|----------------------|----------------------|----------------------|
| <b>WOMEN</b>      |             |                      |                      |                      |                      |
| <b>114</b>        | <b>O-R</b>  | <b>SEAMANS-205</b>   | <b>SEAMANS-100</b>   | <b>SEAMANS-260</b>   | <b>SEAMANS-555</b>   |
| <b>132</b>        | <b>O-R</b>  | <b>TILLER-305</b>    | <b>TILLER- 130</b>   | <b>TILLER- 325</b>   | <b>TILLER- 760</b>   |
| <b>148</b>        | <b>JR-R</b> | <b>WILLIAMS- 205</b> | <b>WILLIAMS- 125</b> | <b>WILLIAMS- 300</b> | <b>WILLIAMS- 630</b> |
|                   | <b>NV-R</b> | <b>SUTTON-225</b>    | <b>SUTTON-110</b>    | <b>SUTTON-255</b>    | <b>SUTTON-590</b>    |

|                  |         |                |                |                |                 |
|------------------|---------|----------------|----------------|----------------|-----------------|
| 165              | O-R     | KOBSIK-235     | KOBSIK-125     | KOBSIK-305     | KOBSIK-665      |
|                  |         |                |                |                |                 |
| 181              | NV-RC   | McCAULLEY-250  | McCAULLEY-125  | McCAULLEY-305  | McCAULLEY-680   |
|                  | O-RC    | CLAY-265       | CLAY-135       | CLAY-300       | CLAY-700        |
|                  |         |                |                |                |                 |
| SHW              | JR-R    | NEESMITH-225   | NEESMITH-65    | NEESMITH-285   | NEESMITH-575    |
|                  |         |                |                |                |                 |
|                  |         |                |                |                |                 |
| SPECIALIST       |         |                |                |                |                 |
|                  |         |                |                |                |                 |
| BENCH PRESS ONLY |         |                | DEADLIFT ONLY  |                |                 |
| WOMEN            |         |                | WOMEN          |                |                 |
| SHW              | JR-R    | NEESMITH-65    | SHW            | JR-R           | NEESMITH-285    |
|                  |         |                |                |                |                 |
|                  |         |                |                |                |                 |
| <b>MEN</b>       |         |                |                |                |                 |
| 132              | O-R     | FLORES- 315    | COLLINGTON-360 | FLORES-365     | FLORES- 855     |
|                  |         |                |                |                |                 |
| 165              | O-R     | COOPER- 390    | COOPER-295     | COOPER-525     | COOPER-1205     |
|                  | O-RC    | KNEUT-430      | KNEUT-250      | KNEUT-475      | KNEUT-1155      |
|                  |         |                |                |                |                 |
| 181              | O-RC    | MILLER-480     | MILLER-390     | MILLER- 585    | MILLER- 1455    |
|                  | P-R     | JONES- 390     | JONES-240      | JONES- 410     | JONES- 1040     |
|                  |         |                |                |                |                 |
| 198              | JR-R    | POLLARD-440    | POLLARD-310    | POLLARD-485    | POLLARD-1235    |
|                  | JR-RC   | SEMAAN-470     | SEMAAN-305     | SEMAAN-500     | SEAMANN- 1275   |
|                  | O-RC    | MOZINGO-420    | MOZINGO- 275   | MOZINGO- 515   | MOZINGO- 1210   |
|                  | 60-64E  | LANGENFELD-340 | LANGENFELD-235 | LANGENFELD-380 | LANGENGELD-955  |
|                  | P-R     | RILEY- 465     | RILEY- 310     | RILEY-600      | RILEY- 1375     |
|                  | P-RC    | RILEY-425      | RILEY- 300     | RILEY- 525     | RILEY- 1250     |
|                  |         |                |                |                |                 |
| 220              | 17-19 R | ROCHELLE-415   | ROCHELLE-315   | ROCHELLE- 475  | ROCHELLE- 1205  |
|                  | O-R     | KOENIG- 450    | KOENIG- 320    | KOENIG- 550    | KOENIG- 1320    |
|                  | O-RC    | CUE-445        | CUE- 295       | CUE- 520       | CUE- 1260       |
|                  | 60-64E  | LANGENFELD-355 | LANGENFELD-255 | LANGENFELD-405 | LANGENFELD-1010 |



|                       |            |                     |                     |                     |                    |
|-----------------------|------------|---------------------|---------------------|---------------------|--------------------|
| 308                   | 45-49 R    | DAVID- 450          |                     |                     |                    |
|                       |            |                     |                     |                     |                    |
|                       |            |                     |                     |                     |                    |
| <b>SQUAT ONLY</b>     |            |                     | <b>POWERCURL</b>    |                     |                    |
| <b>WOMEN</b>          |            |                     | 165                 | 0                   | <b>KOPEL-130</b>   |
| <b>SHW</b>            | 17-19R     | <b>NEESMITH-205</b> | <b>SHW</b>          | 45-49               | <b>DAVID-230</b>   |
|                       | JR-R       | <b>NEEMSITH-255</b> |                     | 0                   | <b>DAVID-230</b>   |
|                       |            |                     |                     |                     |                    |
| <b>BENCH FOR REPS</b> |            |                     | <b>STRICT CURL</b>  |                     |                    |
| 165                   | 0          | <b>WALSH-20</b>     | 165                 | 0                   | <b>WALSH-130</b>   |
| 181                   | JR         | <b>JACKSON-7</b>    |                     |                     |                    |
| 198                   | 0          | <b>DIAZ-17</b>      | <b>SHW</b>          | 40-49               | <b>WHITING-150</b> |
|                       | 55-59      | <b>REID- 31</b>     |                     |                     |                    |
| 220                   | 55-59      | <b>REID-35</b>      |                     |                     |                    |
|                       |            |                     |                     |                     |                    |
|                       |            |                     |                     |                     |                    |
|                       |            |                     |                     |                     |                    |
|                       |            |                     |                     |                     |                    |
|                       |            |                     |                     |                     |                    |
| <b>IRONMAN</b>        |            |                     |                     |                     |                    |
|                       |            |                     |                     |                     |                    |
| <b>WT</b>             | <b>DIV</b> | <b>BENCH</b>        | <b>DEADLIFT</b>     | <b>TOTAL</b>        |                    |
| 198                   | 17-19 R    | <b>PARHAM-185</b>   | <b>PARHAM-365</b>   | <b>PARHAM-550</b>   |                    |
|                       |            |                     |                     |                     |                    |
| 220                   | JR-R       | <b>VILLEGAS-295</b> | <b>VILLEGAS-560</b> | <b>VILLEGAS-855</b> |                    |
|                       |            |                     |                     |                     |                    |
|                       |            |                     |                     |                     |                    |
| <b>SHW</b>            | 45-49 R    | <b>DAVID-450</b>    | <b>DAVID- 660</b>   | <b>DAVID- 1110</b>  |                    |
|                       |            |                     |                     |                     |                    |
|                       |            |                     |                     |                     |                    |
|                       |            |                     |                     |                     |                    |