



## **DELAWARE STATE RECORDS**

*If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.*

*POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift*

*E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY*

*Records will be in pounds and/or kilos but kilos will be converted into pounds.....*

### **FULL POWERLIFTING RECORDS**

FULL MEET RECORDS	SQ	BP	DL	TOTAL	
<b>WOMEN</b>					
132	60-64 R	FIORUCCI-95	FIORUCCI-75	FIORUCCI-160	FIORRUCCI-330
165	JR-R	BROWN-350	BROWN-170	BROWN-405	BROWN-925
	SM-R	THOMAS-135	THOMAS-125	THOMAS-305	THOMAS-565
	40-44 R	THOMAS-225	THOMAS-140	THOMAS-315	THOMAS-680
	45-49 R	HARELSTON-225	HARELSTON-115	HARELSTON-345	HARELSTON-655
<b>WOMEN</b>			<b>WOMEN</b>		

<b>BENCH ONLY</b>			<b>DEADLIFT ONLY</b>		
<b>165</b>	<b>40-44 R</b>	<b>THOMAS-140</b>	<b>132</b>	<b>JR-R</b>	<b>BROWN-405</b>
			<b>165</b>	<b>45-49 R</b>	<b>HARELSTON-320</b>
<b>IRONMAIDEN</b>	<b>DIV</b>	<b>BP</b>	<b>DL</b>	<b>TOTAL</b>	
<b>132</b>	<b>SUBS-R</b>	<b>LUGO-90</b>	<b>LUGO-200</b>	<b>LUGO-290</b>	
<b>148</b>	<b>50-54 R</b>	<b>McKRACKEN-85</b>	<b>McKRACKEN-175</b>	<b>McKRACKEN-260</b>	
	<b>60-64 R</b>	<b>GREENE-75</b>	<b>GREENE-205</b>	<b>GREENE-280</b>	
<b>165</b>	<b>40-44 R</b>	<b>TROMBI-100</b>	<b>TROMBI-300</b>	<b>TROMBI-400</b>	
	<b>45-49 R</b>	<b>HARELSTON-120</b>	<b>HARELSTON-320</b>	<b>HARELSTON-440</b>	
	<b>50-54 R</b>	<b>ACHOLA-105</b>	<b>ACHOLA-305</b>	<b>ACHOLA-410</b>	
<b>MEN</b>					
<b>165</b>	<b>O-R</b>	<b>GATTINELLA-320</b>	<b>GATTINELLA-275</b>	<b>GATTINELLA-360</b>	<b>GATTINELLA-955</b>
<b>181</b>	<b>O-RC</b>	<b>RODRIGUEZ-475</b>	<b>RODRIGUEZ-315</b>	<b>RODRIGUEZ-575</b>	<b>RODRIGUEZ-1365</b>
	<b>O-R</b>	<b>MUHAMMED-405</b>	<b>MUHAMMED-345</b>	<b>MUHAMMED-385</b>	<b>MUHAMMED-550</b>

198	O-R	MORONESE-405	MORONESE-345	MORONESE-515	MORONESE-1265
242	40-44 RC	RUSNAK-490	RUSNAK-305	RUSNAK-505	RUSNAK-1300
	45-49 R	SELLERS-365	SLEERS-385	SELLERS-530	SELLERS-1280
275	O-R	WASHINGTON-365	WASHINGTON-315	WASHINGTON-500	WASHINGTON-1180
SPECIALIST					
BENCH PRESS ONLY			DEADLIFT ONLY		
165	O-R	GATTINELLA-260	198	55-59 R	GATTINELLA-420
181	50-54 SS	GATTINELLA-400	242	45-49 R	SELLERS-520
	50-54 R	GATTINELLA-345			
	55-59R	GATTINELLA-275			
	55-59 SS	GATTINELLA-315			
220	JR-R	GROPP-335	POWERCURL		
	40-44 R	SELLER-350			
	55-59E	PLUMMER-420	198	50-59	GATTINELLA-145
242	40-44 R	SELLERS-385	220	O	GROPP-190
				40-49	SELLERS-170
275	17-19 R	PRIOR-275			
	45-49 R	WILLIAMS-375	242	40-49	SELLERS-180
	50-54 R	WILLIAMS-365			
SHW	45-49 R	MCNEILL-425	STRICT CURL		
			NO CURRENT RECORDS		

<b>SQUAT ONLY</b>					
242	55-59R	EDGERTON-405			
<b>BENCH FOR REPS</b>					
181	50-54	GATTINELLA-29			
198	17-19	THOMPSON-20			
220	40-44	SELLERS-30			
242	40-44	SELLERS-26			
	45-49	SELLERS-25			
<b>IRONMAN</b>					
242	45-49 R	SELLERS-400	SELLERS-520	SELLERS-910	

