



WNPF UPSTATE NEW YORK CHAMPIONSHIPS						
MARCH 25, 2017						
ROCHESTER, NEW YORK						
!Denotes state record						
(BL) Denotes best lifter						
	POWERLIFTING RAW	SQT	BP	DL	TOTAL	

	WOMEN					
105lb						
65-59	Peggy Tirell	140!	80!	185!	405!	
123lb						
35-39	Hillary Cardin (BL)	240	145	310	695	
132lb						
Open	Stephanie Honeycutt	150!	110	250	510	
Novice	Andrea Cobb	135!	90!	170!	395!	
165lb						
40-44	Melanie Beaver	200!	130!	275!	605!	
SHW						
Open	Jennifer Smith	205	120	240	565	
	MEN					
114lb						
14-15	Brandon Beaumont	105!	90!	200!	395!	
165lb						
Open	Anthony Jarvis	400	250	515	1165	
	Jared Durham	255	230	305	790	
181lb						
Open	David Lyons (BL)	500!	400!	530	1430!	
198lb						
Open	Dylan Bissonette	315	190	340	845	
50-54	James Greene	360!	235!	425!	1020!	
220lb						
Open	Salvador Pantosa	460	300	525	1285	
	Samir Cakolli	275	300	600	1175	
	Keith Honeycutt	350	240	420	1010	
	Vladimir Sokolov	450	330	225	1005	

45-49	Patrick Holton	370!	240!	465!	1075!	
242lb						
50-54	Michael Spezzano	375	325	375	1075	
275lb						
Open	Frank Archetko	605!	380!	630!	1615	
	RAW CLASSIC					
	MEN					
220lb						
50-54	Daniel Mandell Jr	380	185	450	1015	
55-59	Jerry Peak	385!	340!	400!	1125!	
60-64	Allen Kitching	400!	315!	480!	1195!	
275lb						
Open	James Phenes	500!	300!	500!	1300	
	IRON MAIDEN	BP	DL	TOTAL		
105LB						
75-79	WILLIE MURPHY	115	225	340		
132LB						
50-54	Leanne Micucik	115!	275	390		
	IRONMAN					
114lb						
13-14	Seamus Mooney	75	200!	275		
132lb						
13-14	Matthew Irwin	110!	200!	310!		
165lb						
13-14	Tanner Dunham	85!	160!	245!		

181lb						
13-14	Silas Ferrell	105!	215!	320!		
198lb						
35-39	Chris Clark	160!	315!	475!		
220lb						
Open	Ian Rossi	265	420	685		
242lb						
15-16	Wyatt Brower (BL)	255!	430!	685!		
Open	Jeremy Brown (BL)	365	570	935		
275lb						
15-16	Wrett Brower	200!	400!	600!		
	BENCH RAW					
	WOMEN	BP				
105LB						
75-79	Willie Murphy	115				
148lb						
45-49	Sherry Gifford	120!				
50-54	Christi Macri	105!				
165lb						
45-49	Denise Mitchell	175				
	MEN					
165lb						
17-19	Daniel Conant	275!				
181lb						
45-49	Scott Proudfoot	300!				
	Robert Stanton	250				

198lb						
45-49	Jason Lascolea	205!				
220lb						
Open	Cliff McDowell	420				
40-44	Ed Carter (BL)	420				
55-59	Jerry Peak	340!				
	Mike Knox	310				
242lb						
55-59	James Mitchell	405				
275lb						
40-44	Jake Bigelow	320				
55-59	Mark Pullyblank	365!				
	DEADLIFT RAW	DL				
148LB						
70-74	William Calderone	310!				
165lb						
Life	Charles Stagnitto	505!				
45-49	Aaron Bower	350!				
181lb						
60-64	Ralph Diliberto	360!				
	SINGLE PLY					
242lb						
50-54	Bruno Dibella	575!				
	POWERCURL	PC				

	WOMEN					
105lb						
70-79	Willie Murphy	55				
148lb						
50-59	Christi Macri	60				
	MEN					
275lb						
40-49	Jacob Bigelow	130				
	BENCH FOR REPS					
	WOMEN					
105LB						
75-79	Willie Murphy	55lbx35 Reps				
148lb						
50-54	Christi Macri	75lb x 24 reps				