

## **NEW CANADIAN RECORDS**

If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.

POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift

E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY

Records will be in pounds and/or kilos but kilos will be converted into pounds.....

## **FULL POWERLIFTING RECORDS**

FULL MEET RECORDS		SQ	BP	DL	TOTAL
WOMEN					
NO RECORDS					
POSTED					
MEN					
198	SM-R	DUROCHER-415	<b>DUROCHER-285</b>	<b>DUROCHER-480</b>	DUROCHER-1180

SPECIALIST NO RECORDS POSTED  BENCH PRESS ONLY NO RECORDS POSTED  SQUAT ONLY NO RECORDS POSTED  POWERCURL WOMEN NO RECORDS POSTED  BENCH FOR REPS NO RECORDS POSTED  IRONMAN					1
BENCH PRESS ONLY NO RECORDS POSTED  SQUAT ONLY NO RECORDS POSTED  POWERCURL WOMEN NO RECORDS POSTED  BENCH FOR REPS NO RECORDS POSTED  IRONMAN					
BENCH PRESS ONLY NO RECORDS POSTED  SQUAT ONLY NO RECORDS POSTED  WOMEN NO RECORDS POSTED  BENCH FOR REPS NO RECORDS POSTED  IRONMAN	SPECIALIST				
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NO RECORDS POSTED  NO RECORDS POSTED  BENCH FOR REPS  NO RECORDS POSTED  IRONMAN	NO RECORDS POSTED			NO RECORDS POSTED	
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BENCH FOR REPS NO RECORDS POSTED  IRONMAN	SQUAT ONLY			POWERCURL	
BENCH FOR REPS NO RECORDS POSTED IRONMAN	NO RECORDS POSTED			WOMEN	
NO RECORDS POSTED  IRONMAN				NO RECORDS POSTED	
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NO RECORDS POSTED  IRONMAN					
IRONMAN IN THE PROPERTY OF THE	BENCH FOR REPS				
	NO RECORDS POSTED				
	IRONMAN				
198	198				
SM-R DUROCHER-295 DUROCHER-500 DUROCHER-795	SM-R	DUROCHER-295	DUROCHER-500	DUROCHER-795	