



## **WEST VIRGINIA STATE RECORDS**

***If you do not see a record in a particular division, this simply means that there is not a current record at this time. We will not post record ties, you must break the current record for it to be posted.***

***POWERLIFTING- All 3 lifts for a total, SPECIALIST- A lifter that specialize in a particular lift***

***E- EQUIPPED, R- RAW, RC- RAW CLASSIC, W-WOMEN, JR- JUNIOR, O-OPEN, LT- LIFETIME, SM- SUBMASTERS, P-POLICE/FIRE/MILITARY***

***Records will be in pounds and/or kilos but kilos will be converted into pounds.....***

### **FULL POWERLIFTING RECORDS**

FULL MEET RECORDS	SQ	BP	DL	TOTAL
WOMEN				
NO RECORDS				
BENCH PRESS ONLY		DEADLIFT ONLY		
WOMEN		WOMEN		
NO RECORDS POSTED		NO RECORDS POSTED		

<i>MEN</i>					
<i>181</i>	<b>O-R</b>	<b>OBEN-475</b>	<b>OBEN-325</b>	<b>OBEN-635</b>	<b>OBEN-1435</b>
<i>SPECIALIST</i>					
<i>BENCH PRESS ONLY</i>			<b>DEADLIFT ONLY</b>		
<i>MEN</i>			<i>MEN</i>		
<i>181</i>	<b>55-59 E</b>	<b>PHILLIPS- 270</b>	<b>165</b>	<b>65-69 R</b>	<b>PHILLIPS-380</b>
	<b>55-59 R</b>	<b>PHILLIPS- 270</b>			
	<b>60-64 R</b>	<b>PHILLIPS- 195</b>			
<i>SHW</i>	<b>45-49 SS</b>	<b>JONES-560</b>			
			<b>POWERCURL</b>		
			<b>181</b>	<b>0</b>	<b>OBEN-175</b>
<i>BENCH FOR REPS</i>					
<i>NO RECORDS POSTED</i>					
<i>IRONMAN</i>					
		<b>BP</b>	<b>DL</b>	<b>TOTAL</b>	
<b>165</b>	<b>60-64 R</b>	<b>PHILLIPS- 200</b>	<b>PHILLIPS- 370</b>	<b>PHILLIPS- 570</b>	
	<b>65-69 R</b>	<b>PHILLIPS-195</b>	<b>PHILLIPS-380</b>	<b>PHILLIPS-565</b>	
<b>181</b>	<b>60-64 R</b>	<b>PHILLIPS-200</b>	<b>PHILLIPS-360</b>	<b>PHILLIPS-560</b>	
<i>SHW</i>	<b>45-49 R</b>	<b>JONES-325</b>	<b>JONES-405</b>	<b>JONES-730</b>	

